



*Restoring Hope ~*  
**Celebrating Resilience**

Coordinating donated medical and dental care for those most in need

# CORE VALUES

Integrity | Compassion | Respect | Empowerment | Service | Excellence

## MISSION

To increase access to health care for low income, uninsured individuals by coordinating a network of committed and compassionate providers.

## GOALS

- Improve health equity and health outcomes for individuals with low income who are uninsured
- Increase the primary care treatment capacity in Anchorage
- Increase the ability of physicians and other community partners to volunteer their services effectively and efficiently
- Increase collaboration within the Anchorage health care community to meet the needs of low income, uninsured individuals

## SERVICES

- Coordinating donated specialty medical and dental health care services for people in need
- Assisting uninsured individuals to apply for Affordable Care Act (ACA), Medicaid, or Medicare health insurance and helping individuals maximize their understanding and utilization of insurance coverage
- Ensuring all APA patients establish a primary care health home for ongoing preventive care

## ELIGIBILITY REQUIREMENTS

- Municipality of Anchorage resident; people living outside of the Anchorage bowl may also be eligible for services through Anchorage Project Access
- Gross household income of 300% or less of the Alaska Federal Poverty Level Guidelines
- No other form of health or dental insurance
- Must have a medical or dental need

## VISION

In partnership with the community, provide access to health care for those most in need.

## IMPACT

- Strengthening the health care safety net with compassion and efficiency
- Improving health outcomes and health equity for low income, uninsured Alaskans through donated specialty care and enrolling individuals in health insurance plans
- Maximizing patient utilization of health insurance and health care systems through education and support
- Connecting donating physicians and dentists to those most in need
- Expanding the primary care treatment capacity in Anchorage with extensive health care partnerships
- Increasing collaboration within the Southcentral health care community to meet the needs of low income, uninsured individuals
- Developing health care partnerships to address health inequities and socioeconomic aspects of poverty to improve the health of all Alaskans

2005-2022

OVER

**\$54.3  
MILLION**

in donated care  
provided by APA's  
health care partners

# OUR DEDICATED TEAM



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Mickela Olson | Development Officer

“ I never thought I'd be one of those people who needed health care assistance. I just fell through the cracks. Project Access saved my life. Without their intervention I would have never been able to afford all this treatment. ”

- Norma C.

# A MESSAGE FROM THE EXECUTIVE DIRECTOR

*Generosity is the most natural outward expression of an inner attitude of compassion and loving-kindness.*

- The Dalai Lama XIV



Teresa Olorunlowo is a fiercely independent single mother of three with a 30-year career in hair styling. She is a giver of comfort and guidance to her children and was taught to give rather than receive. But she had never been able to afford health insurance. Teresa was deeply touched by the generosity and loving kindness of Anchorage Project Access (APA) staff and the donating surgeon with her competent team.

Teresa faced a life-threatening health condition this past summer with no options for treatment. Teresa, like so many of the patients we serve, is deeply proud of her resilience, her resolve and her fortitude, yet nothing had prepared her for the urgent and critical need to have surgery with no financial resources to cover the expenses. Through Anchorage Project Access, Teresa received donated surgery, follow up care, and assistance navigating her health care journey. During open enrollment for ACA Marketplace Health Insurance, APA worked with Teresa to purchase affordable health insurance for 2023. Her life as a mother and breadwinner is back on track due to the kindness of our health care partners and the staff at APA.

With your support, APA continues to be the only health care safety net for thousands of Alaskans who cannot afford health insurance. Through the generosity of our highly skilled physicians and their teams, you are restoring health and hope to Alaskans in need. It is our privilege to serve along with you to help patients and their families regain their health and well-being.

May 2023, be your best year yet!

Melinda Freemon  
Executive Director



# A MESSAGE FROM APA BOARD PRESIDENT



As Anchorage Project Access begins the new year with renewed enthusiasm to continue pursuing our mission, I wanted to reflect on 2022 through a lens of gratitude. The notable findings in this annual report have been made possible by the generous and steadfast support of individuals and organizations. Thank you for this unwavering support and know that Anchorage Project Access will strive to continue coordinating access to health care for the most vulnerable patients in our community! Thank you to all the staff and board members that keep Anchorage Project Access moving forward.

Challenges in accessing medical care continue for many uninsured and low income families and individuals. The Commonwealth Fund currently reports that 14%, or about 1 in 7 adults in Alaska are uninsured. Anchorage Project Access also works to screen and enroll people in affordable health insurance programs. Multiple studies have demonstrated that having health insurance coverage improves health outcomes and access to care. The most recent census data from 2017-2021 shows that the poverty rate in Alaska is 10.5%, or approximately 1 in 10 people in Alaska are struggling to make ends meet. These numbers speak to the importance of organizations like Anchorage Project Access and their role in our community to improve health outcomes for at-risk populations.

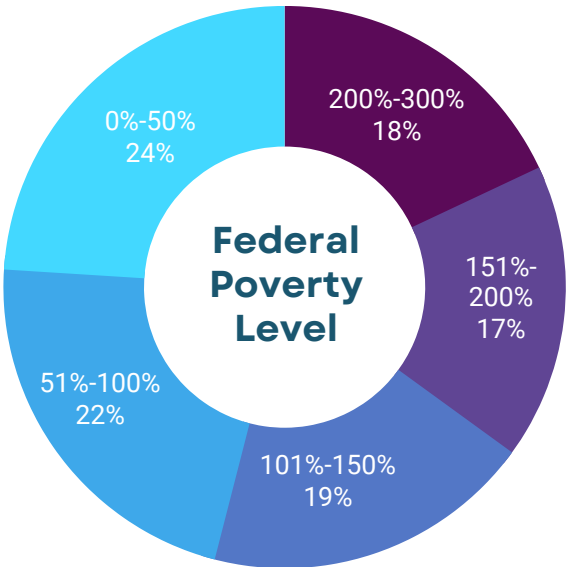
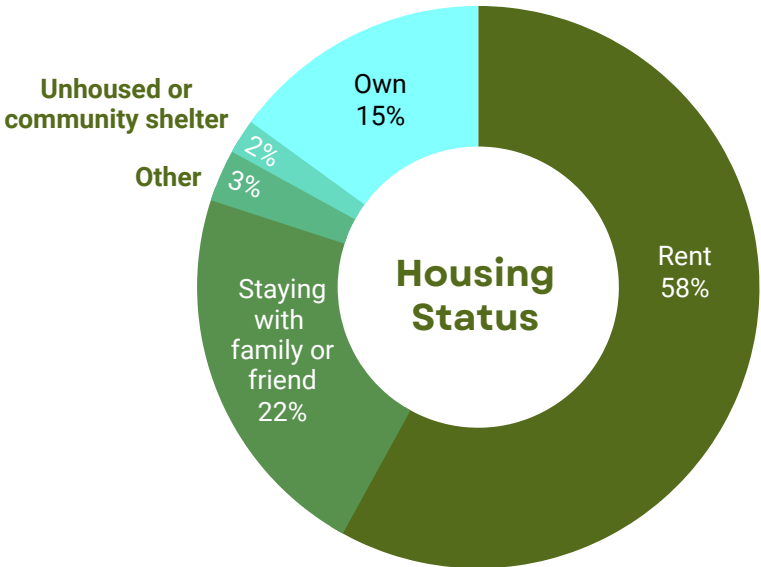
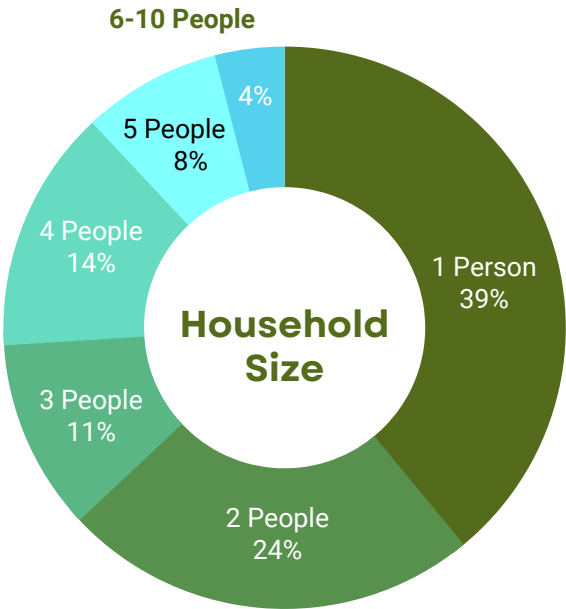
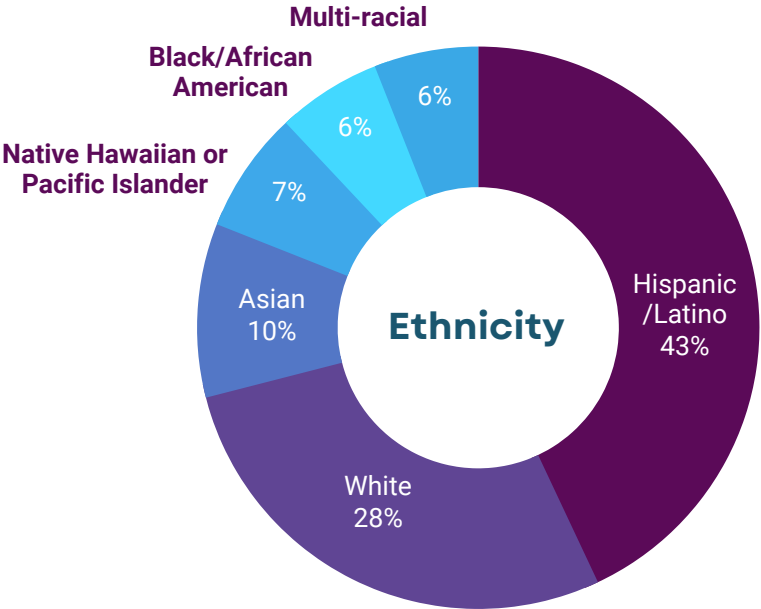
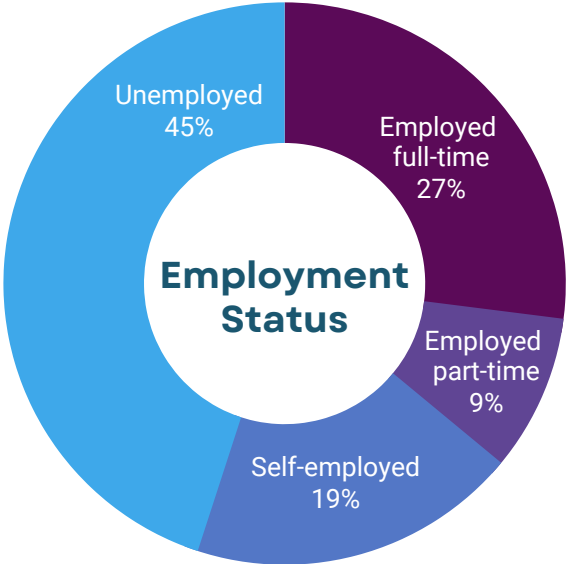
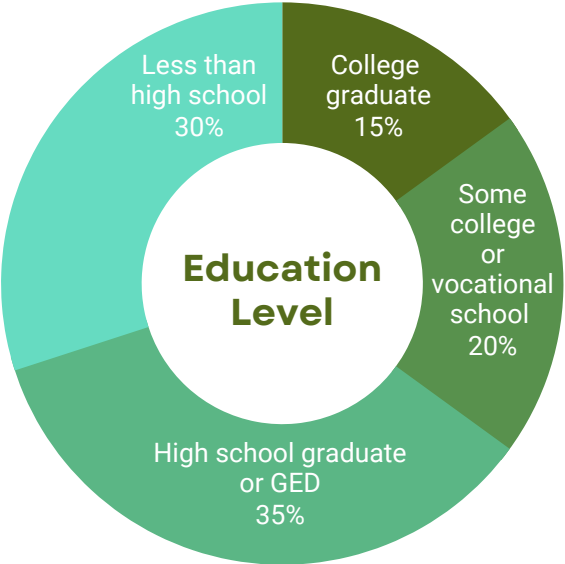
Thank you for partnering with Anchorage Project Access to help break the cycle of poverty and sickness. Onward with tackling the challenges of our generation!



A handwritten signature in black ink, appearing to read "Phillip Mendoza".

Phillip Mendoza, MD  
APA Board of Directors President

# OUR PATIENTS | DEMOGRAPHICS



# APA DENTAL PROGRAM HIGHLIGHTS

2016-2022



60 Dentists donate dental treatment through APA

599

Dental appointments have been scheduled for dental treatment



163 Patients have received donated dental treatment through APA

4,809

Patient volunteer hours to "pay it forward" in our community



\$680,445

Worth of dental care donated through APA's dental program



*"I got my smile back! It's amazing how good I feel about myself since I received my dental treatment and dentures. Many people have complimented me on my smile. I'm even wearing lipstick these days. Thank you from the bottom of my heart. What a wonderful service you offer that makes such a difference in people's lives."*

**- Yvette C.**

# TERESA RECEIVES LIFE-SAVING SURGERY



This summer, at the age of 49, I found myself in desperate need of life-saving help due to my menstrual cycle lasting as long as 40 days. I was severely anemic and very ill. I've always worked and I was taught at an early age to give back. I am not used to receiving help as I am very independent. I literally had no idea where to turn. This left me potentially one menstrual cycle away from landing in the ER where they may or may not have been able to help me due to extreme anemia.

My primary care provider at Anchorage Neighborhood Health Center was closely monitoring me and trying to help with medication that could change this cycle, but I had an adverse reaction and had to discontinue the medication. At this point she referred me to Anchorage Project Access to seek assistance for a hysterectomy that she knew I desperately needed but didn't have medical coverage for.

Anchorage Project Access works alongside the patient in partnership with the medical community who has agreed to donate their services to patients who have fallen between the cracks, making too much money to qualify for Medicaid but not enough to pay for the high health insurance premiums offered through the healthcare marketplace.

After being interviewed by the great staff at Anchorage Project Access, I was found eligible for their donated specialty care program to receive the surgery I so desperately needed. Anchorage Project Access reached out to Women's Care of Alaska who took me into their care and quickly rendered the life-saving surgery of a hysterectomy. I was assisted by many along the way from the Anchorage Project Access care coordinators, to lab workers, to nurses, to the anesthesiologist, to the surgeon, all who donated their care through Anchorage Project Access and saw the need and call of humanity!!!

I feel like I was gifted an extension of life through all the great and honorable care that delivered me from an uncertain end. I can't say enough about how blessed I am to have received this gift.

Teresa Olorunlowo  
APA Patient



# ACHIEVING HEALTH EQUITY IN ALASKA

Anchorage Project Access plays a key role in Alaska's effort to improve access to health care. We are proud to partner with the following local and national health equity workgroups:



988 Crisis Now Workgroup

Health Care & Homelessness Committee

Healthy Alaskans 2030 Advisory Team

Medicaid Uninsured Rate Workgroup

Pro Bono Counseling Network

The Anchorage Health Literacy Collaborative

The Donated Care Network Learning Collaborative

# GUS'S SPEEDY RECOVERY



I had a hernia that grew to the size of about a grapefruit coming out of my belly button. I was having digestive issues and discomfort. This was becoming a very serious issue. I had never had a surgery before, so I didn't know what to do. I didn't know where to go. I went to see my primary care provider and was referred here to Anchorage Project Access. You guys took care of everything for me. You guys led me in the right direction and helped me every step of the way.

Working with the staff at Anchorage Project Access was great. Like I said, I had never had a surgery before, so not only was it a new experience for me, I was scared. But everyone here was so helpful. You talked to me with confidence and let me know everything was going to be okay. I expected the whole process to take months and months, but it happened so quick. It was really just about scheduling the surgery.

My donating providers were great, they treated me like I was their only patient. I didn't expect that. I got first class treatment all the way. I even got my surgery done by a robot! It happened really quick, and I felt really great about it. I was super thankful that the recovery time was so quick. Everything got better after my surgery. I had more energy, and my digestive problems completely went away. Getting my hernia fixed was life changing.

I would like anyone who might need this service to know to reach out. It could save their life. It's scary to ask for help. It's scary to not know about your medical condition and not know who to ask. I can't say enough good things about Anchorage Project Access.

Gus D.  
APA Patient

## Number of Appointments by Specialty

Allergy/Immunology	7	Interventional Radiology	1	Physical Therapy	63
Ambulatory Surgery	6	Labs	26	Podiatry	4
Anesthesiology	31	Nephrology	24	Pulmonary Disease	1
Audiology	2	Neurology	17	Radiation Oncology	11
Cardiology	74	Obstetrics/Gynecology	37	Radiology	125
Dental	154	Ophthalmology	10	Sleep Disorders	14
Dermatology	22	Occupational Therapy	28	Surgery - Breast	7
Durable Medical Equipment	3	Oncology Rehab	35	Surgery - Cardiothoracic	1
Endocrinology	5	Otolaryngology	11	Surgery - Colon/ Rectal	1
Gastroenterology	55	Pathology	33	Surgery - General	13
Hematology/Oncology	92	Pediatric Cardiology	5	Surgery - Orthopedic	22
Hospital Services	49	Pediatric	1	Urology	6
		Phlebology	4	<b>Total:</b>	<b>1,000</b>

# SHANNON & CHARLES SPALDING

We at Spalding Dental are very proud to be a donating provider for Anchorage Project Access. As a practice we strive to deliver treatment in a caring, respectful, honest and responsible way. We understand that there are many people in our community who have significant dental needs but limited access to dental insurance or affordable dental care. My husband and I have always felt drawn to help others and care for those in need. Because of this desire, Charles and I both went to a dental school that focused on public health and we met each other there. We believe a healthier community is a stronger community. This fits in perfectly with APA's mission "To increase access to health care for low income, uninsured individuals by coordinating a network of committed and compassionate volunteer providers". It is comforting to know as a provider who is working to help individuals improve their lives, that the person we are helping has also donated their time to create good in the community.

Often, people will push dental needs to the back until there is a significant problem and they end up in the ER. An emergency room can only provide palliative treatment and is not the ideal place for a patient with dental pain to present. We appreciate through this program that we can catch some of these dental problems before someone develops pain or ends up in the emergency room. Spalding Dental is honored to be part of the APA community of medical, dental, and auxiliary providers who are making people healthier and happier in our Anchorage community. We are looking forward to helping those in need in the years to come.

Shannon Spalding  
Co-Owner with Charles Spalding in Spalding Dental



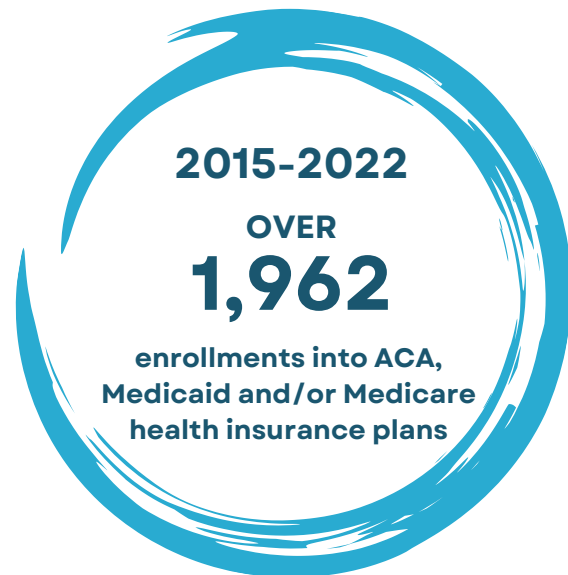
# AARON KUSANO



Every one of us will face a time when we need some help. Many of our Alaskan neighbors may find themselves uninsured at some point and face health events that cannot be planned for. At Anchorage and Valley Radiation Therapy Centers (AVRTC) we are a part of the broader medical and dental community recognizing that collectively, we can help lower barriers so that much needed care can be received and suffering and stress reduced. In cancer care, the diagnosis can be terrifying and should not be compounded by a fear of seeking care because of insurance status.

Anchorage Project Access serves the critical role of coordinating donated health care while assisting individuals in applying for health insurance and accessing community resources that are readily available but might not be known to all. APA staff carries out this mission in a respectful and compassionate manner and Anchorage and Valley Radiation Therapy Centers are happy to support Anchorage Project Access through sponsorship and donation of services.

Aaron Kusano, MD, SM  
Radiation Oncologist  
Medical Director, Anchorage and Valley Radiation Therapy Centers  
Board Member, Anchorage Project Access



*“I was too embarrassed to go to Public Assistance to apply for Medicaid and I would have never gone. I appreciate the kindness in making me feel comfortable and lessening my feelings of anxiety.”*  
- R.T.

OVER  
**690**

local specialists, dentists,  
physical therapists,  
anesthesiologists,  
surgical facilities, pharmacies,  
labs, imaging centers,  
hospitals, & more donate  
their care  
through APA



## Number of Providers by Specialty

Allergy/Immunology	5	Otolaryngology	10
Anesthesiology	18	Pathology	6
Audiology	3	Pediatrics	37
Cardiology	43	Phlebology	1
Chiropractic	1	Physical Medicine/Rehab	3
Dental	60	Physical Therapy	59
Dermatology	6	Podiatry	6
Endocrinology	3	Pulmonary Disease	1
Family Medicine	106	Radiation Oncology	8
Gastroenterology	11	Radiology	45
Hematology/Oncology	21	Rheumatology	9
Infectious Disease	4	Sleep Disorders	4
Internal Medicine/General	3	Support Services	6
Interventional Radiology	2	Surgery - Breast	4
Mental Health Services - Limited	1	Surgery - Cardiothoracic	4
Nephrology	12	Surgery - General	16
Neurology	15	Surgery - Orthopedic	79
Obstetrics/Gynecology	50	Surgery - Plastic/Reconstruction	2
Occupational Therapy	6	Surgery - Thoracic	1
Ophthalmology	9	Urology	14
Optometry	2	<b>Total:</b>	<b>696</b>

# THANK YOU TO OUR GENEROUS

Sami Abuzaid, MD  
 Peter Adams, MD  
 Owen Ala, MD  
 Chris Albert, PA-C  
 Janet Alexander, MD  
 Bradford Allen, DDS  
 Alex Alonso, PA-C  
 Jennifer Amstadter, PA-C  
 Deryk Anderson, MD  
 Richard Anschuetz, MD  
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 Joy Backstrum, PT  
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 Shannon Baker, NP  
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 Krzysztof Balaban, MD  
 Ursula Balthazar, MD  
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 Owen Bell, MD  
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 Aaron Brown, MD  
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 Leslie Bryant, MD

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 Leo Bustad, MD  
 Jodyne Butto, MD  
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 Val Christensen, MD  
 Megan Clancy, MD  
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 Jennifer Fayette, PA-C  
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 John Finley, MD  
 Suzanne Firth, CRNA  
 Elizabeth Fisher, MD  
 Mark Flannum, MD  
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 Kamau Foderingham, MD  
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 Tania Hall, MD  
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 Amy Hart, ANP  
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 Loretta Lee, MD  
 Sean Lee, MD  
 David Leffer, DO  
 Barbara Lemmel, PT  
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 Erin Lester, MD  
 Timothy Lethin, DDS  
 Katrina Libby, PT  
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 Elizabeth Lilley, PA  
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 Matthew Lindemann, MD  
 Martha Linden, NP  
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Lara Mabry, DDS  
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Jordan MacNeil, MD  
Michael Madsen, DDS  
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Adam Mason, MD  
Michael Mauger, DDS  
Erik Maurer, MD  
Kayla Maus, MD  
Matt Maxwell, MD  
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Access Alaska  
Accurate Hearing Systems  
ACENT  
Advanced Family Dental Care  
Advanced Oncology Associates  
Advanced Sonograms of Alaska, Inc.  
Affordable Dental Care  
Alaska Breast Care and Surgery, LLC  
Alaska Cardiothoracic Surgery  
Alaska Center for Dermatology  
Alaska Center for Pediatrics  
Alaska Children's Heart Center, LLC  
Alaska Dentistry for Kids, LLC  
Alaska Digestive and Liver Disease  
Alaska Digestive Center  
Alaska Ear Nose & Throat  
Alaska Emergency Medicine Associates  
Alaska Endodontics Specialists  
Alaska Eye Surgery & Laser Center  
Alaska Family Care Associates, LLC  
Alaska Family Sonograms, Inc.  
Alaska Foot & Ankle Specialists  
Alaska Hand Rehabilitation, Inc.  
Alaska Healing Arts Chiropractic  
Alaska Health Services  
Alaska Heart & Vascular Institute  
Alaska Imaging  
Alaska Internal Medicine & Pediatrics  
Alaska Lasik & Cataract Center  
Alaska Neurodiagnostic & Rehabilitation  
Alaska Neurology Center, LLC  
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**2005-2022**

**OVER  
9,749**

ACA, Medicaid and/or  
Medicare assistance sessions  
provided to individuals in  
need of information & access  
to health insurance



*“ Thank you for  
helping me with my  
marketplace  
paperwork! Your  
expertise with these  
applications helped  
me a great deal. ”*

**- T.D.**

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Health Resources & Services Administration (HRSA)  
Providence Alaska Foundation  
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## IN MEMORY OF DR. TOM WOOD

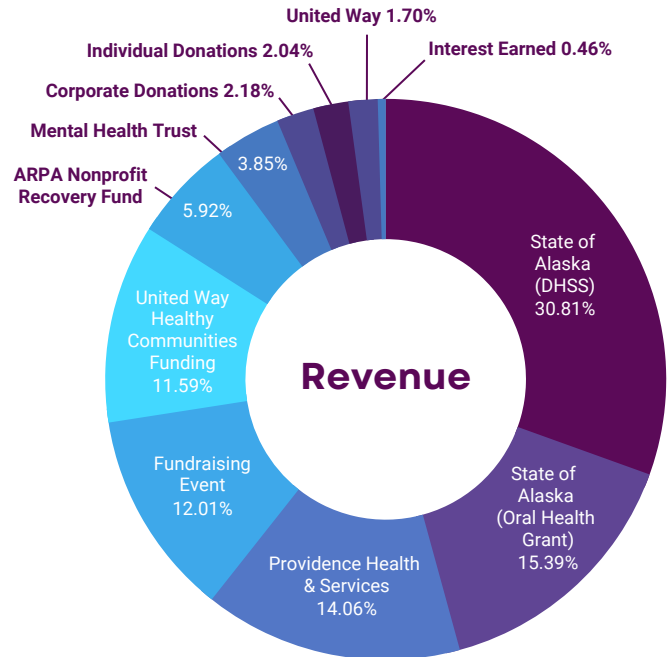
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## October 2021 - September 2022

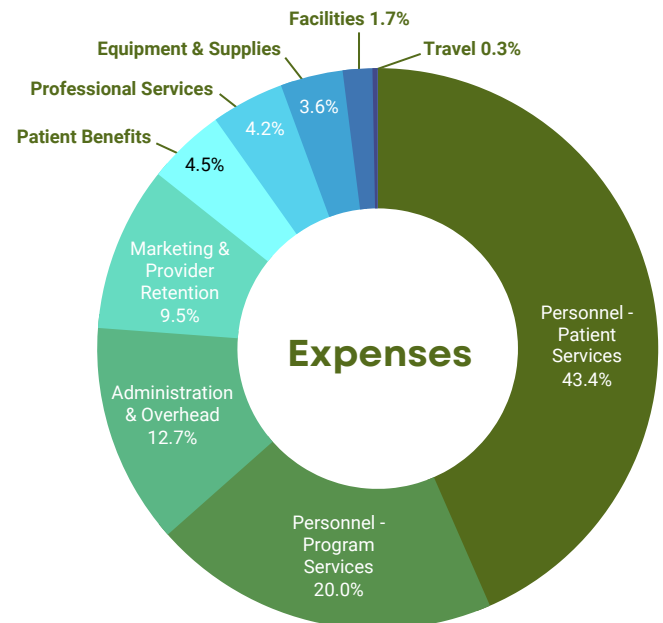
### Revenue

	Amount	%
State of Alaska (DHSS)	\$219,199	30.81%
State of Alaska (Oral Health Grant)	\$109,494	15.39%
Providence Health and Services	\$100,000	14.06%
Fundraising Event	\$85,439	12.01%
United Way Healthy Communities Funding	\$82,445	11.59%
ARPA Nonprofit Recovery Fund	\$42,135	5.92%
Mental Health Trust	\$27,406	3.85%
Corporate Donations	\$15,504	2.18%
Individual Donations	\$14,494	2.04%
United Way	\$12,100	1.70%
Interest Earned	\$3,241	0.46%
<b>Total Revenue</b>	<b>\$771,456</b>	<b>100%</b>



### Expenses

	Amount	%
Personnel - Patient Services	\$290,293	43.4%
Personnel - Program Services	\$133,946	20.0%
Administration & Overhead	\$84,810	12.7%
Marketing & Provider Recruitment	\$63,767	9.5%
Patient Benefits	\$30,259	4.5%
Professional Services	\$28,015	4.2%
Equipment & Supplies	\$24,280	3.6%
Facilities	\$11,376	1.7%
Travel	\$1,983	0.3%
<b>Total Expenses</b>	<b>\$668,729</b>	<b>100%</b>
Increase (Decrease) in Net Assets	\$74,643	



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