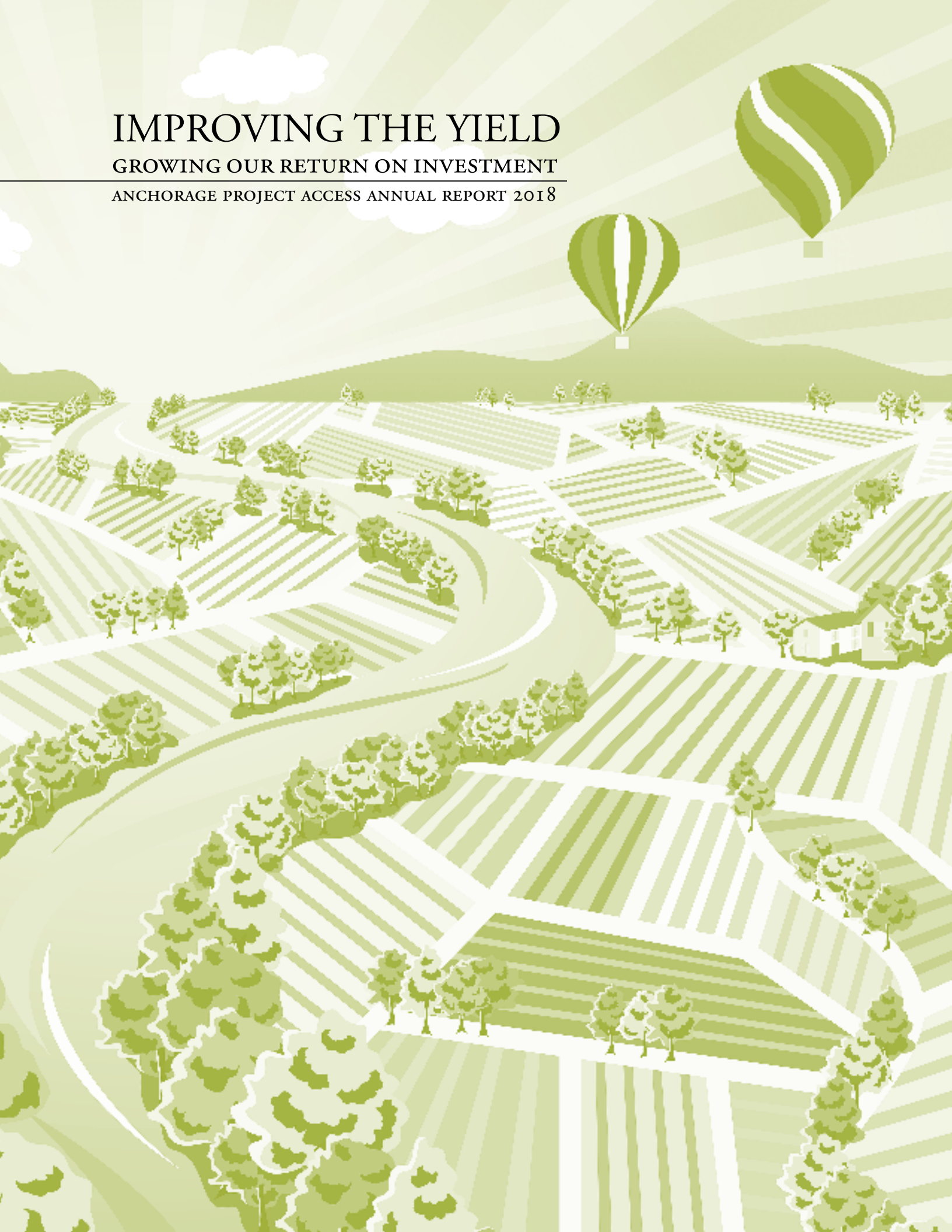


# IMPROVING THE YIELD

GROWING OUR RETURN ON INVESTMENT

ANCHORAGE PROJECT ACCESS ANNUAL REPORT 2018



## 2018 EXECUTIVE BOARD MEMBERS

Jerome List, MD *President*  
Bradley Cruz, MD *Past President, Medical Director*  
Robin Ninefeldt, MD *Vice-President*  
Kathie Bethard *Treasurer*  
Barbara Simpson Kraft *Secretary*  
Brian Green, PhD *ex Officio*  
David Nielson, DDS *Dental Director*  
Tom Wood, MD *Emeritus*

## 2018 GENERAL MEMBERS

Jennifer Bundy-Cobb  
Thomas Burke, MD  
Justin Carricaburu, DO  
Lupe Chavez  
Mary DeMers, DO  
Robert Green  
John Hall, MD  
Mo Hillstrand, DNP, ANP  
Kathleen Hollis  
Fran Marbarger  
Triin Minton, MD  
Natasha Pineda  
Madhu Prasad, MD  
Noel Rea  
Melissa Reiser

## 2018 STAFF

Melinda Freeman *Executive Director*  
Jane Dial *Operations Manager*  
Barb Schroeder *Patient Care Coordinator*  
Crystal Casad *Eligibility Specialist, CAC*  
Kristi Holta *Development Officer*

## OUR MISSION

The mission of Anchorage Project Access is to increase access to health care for low income uninsured members of our community by using a volunteer network of providers working in a coordinated fashion to create a compassionate, respectful, equitable, accountable and efficient program of necessary services for those in need.

## OUR GOALS

- I. Improve the health outcomes of the low income uninsured population of Anchorage
- II. Increase the primary care treatment capacity in Anchorage
- III. Increase the ability of physicians and other community partners to volunteer their services effectively and efficiently
- IV. Increase collaboration within the Anchorage health care community to meet the needs of low income uninsured individuals

## ELIGIBILITY REQUIREMENTS

- I. Municipality of Anchorage resident; a limited amount of people from outside the Anchorage bowl are served
- II. Gross household income of 300% or less of the Federal Poverty Level
- III. No other form of health or dental insurance
- IV. Must have a medical or dental need





**"SOMEONE'S SITTING IN THE SHADE TODAY BECAUSE  
SOMEONE PLANTED A TREE A LONG TIME AGO."**

— Warren Buffett

It is always gratifying when an investment you've made bears fruit and shows a positive return. This is how I feel about Anchorage Project Access. Two decades ago, a small group of passionate local volunteers planted the seeds of this genuinely worthwhile organization, and nurtured it as it took root and thrived. Today, as president of APA, I am proud to see all we've accomplished and all we bring to the table for our community.

This past year, APA achieved some truly remarkable growth. The number of enrolled patients increased nearly 40 percent. Our network of health care providers has continued to expand, including even more dental health professionals. The total value of health care donated by these dedicated volunteers nearly doubled. The number of ACA/Medicaid applications and enrollments more than doubled thanks to our outreach program.

Our growth is a reflection of the hard work and commitment of an amazing staff and board, the gracious generosity of our local health care volunteers – and, of course, our supportive local community. Like most nonprofits, APA depends on volunteers and donors. What we have been able to do with your contributions has been astonishing; I am thrilled to report that for every dollar invested in Anchorage Project Access, APA has yielded eight dollars worth of health care services. Talk about an impressive return on investment!

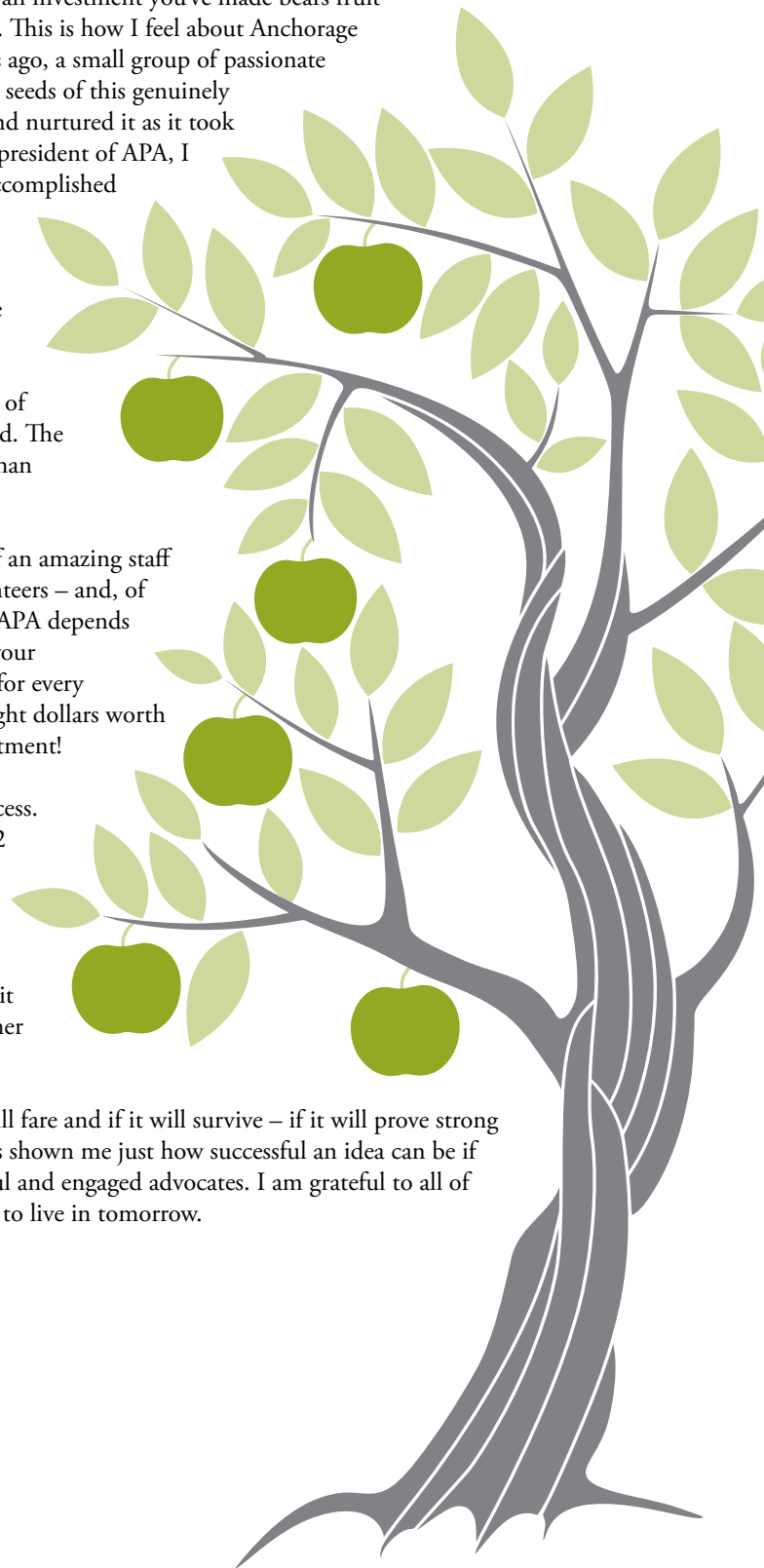
2018 marked some significant changes at Anchorage Project Access. Longtime APA champion Charlene Vassar retired after nearly 12 years as executive director. I can't thank Char enough for her devotion to APA, its mission, and to the people it serves.

New executive director Melinda Freemon comes to us from the health sector, and I want to extend a warm welcome. Melinda hit the ground running last August, and I am excited to see where her energy and enthusiasm will take us.

You can never know, at the dawning of a new venture, how it will fare and if it will survive – if it will prove strong enough to weather the inevitable storms along the way. APA has shown me just how successful an idea can be if it is cultivated by unwavering believers and tended by thoughtful and engaged advocates. I am grateful to all of you. Your efforts today are building the community we all want to live in tomorrow.

A stylized, handwritten signature in blue ink that reads "Jerome List".

Jerome List, MD  
President, APA Board of Directors



Residing fiscally and administratively under the nonprofit structure of Christian Health Associates, Anchorage Project Access (APA) follows a national model that has proven to improve health outcomes and reduce emergency department charity costs in many communities.

When APA enrolled its first patient in December 2005, we had nearly 350 health care providers willing to volunteer their time and services. Our network has since grown to 632 health care providers, dentists, hospitals, radiology centers, physical therapists, and ancillary organizations.

In 2018, the dollar amount for our recorded value of donated care nearly doubled – and although the recorded value of donated care dipped in 2017 for the first time, the current value puts Anchorage Project Access back on track for continued growth. That trend is more remarkable considering APA helped enroll 366 clients for ACA insurance or Medicaid. Those clients now have independent access to ongoing medical services, and no longer depend on APA for charitable health care.

Finally, a review demonstrates how successful Anchorage Project Access has been in serving our underinsured and most vulnerable neighbors:

- 233 patients enrolled and eligible in program of which 161 were unique patients for this period
- 366 clients enrolled in ACA insurance or Medicaid
- 632 health care providers in our network
- 1,405 patient appointments scheduled
- 2,477 APA outreach assists connecting clients to essential community resources
- \$1,840,140 in donated care in 2018
- \$47,713,236 in total donated care over 13 years. For every \$1 spent in program costs, APA generated \$8 in donated health care.

That is a remarkable return on investment for every person who has given money, sponsored an event, volunteered time, or provided health care services through APA. As we continue to invest in our programs, we are proud our community will reap the benefits for many years to come.

### NEW BEGINNINGS



In August 2018, the Anchorage Project Access board of directors and staff welcomed Melinda Freemon as the new executive director of APA. Melinda brings more than 25 years of executive leadership experience in Alaska, working in the areas of substance abuse

treatment, housing for vulnerable individuals and families, mental and behavioral health, and health care.

Melinda previously served as executive director of the Salvation Army Clitheroe Center, director of supportive housing for the Rural Alaska Community Action Program (RurAL CAP), and most recently as director of the Municipality of Anchorage's Department of Health and Human Services. Melinda currently serves on the Healthy Alaskans 2020 advisory team, with the Anchorage Health Literacy Collaborative, and in the Health and Homelessness Partnership along with local hospitals and nonprofit organizations.

At Anchorage Project Access, Melinda brings a passion and commitment to working with our most vulnerable populations and improving access to quality health care for low income members of our community.

### A HEARTFELT FAREWELL FOR A JOB WELL DONE!



Charlene Vassar, outgoing executive director of Anchorage Project Access, retired in 2018. Since 2006, Charlene guided the agency to meet its original focus – improving access to health care for low income and uninsured individuals, and then expanded its role to respond to a growing

need for assistance accessing health insurance due to requirements of the Affordable Care Act and Medicaid. Charlene was a tireless advocate for the addition of dental services as a key component of APA's mission.

In addition to her work at Anchorage Project Access, Charlene volunteers in the Providence Neonatal Intensive Care Unit. She has also volunteered for the SIDS foundation. Charlene has a servant's heart, and consistently demonstrates that in her professional and personal life. She stands beside individuals and families to ensure they are informed about their health care options and supported throughout the process.

The Anchorage Project Access board and staff want to sincerely thank Charlene for her years of hard work, dedication, and commitment to our mission as she embarks on her next life adventure.





*Mt. Huntington in the Alaska Range.*

**MT. HUNTINGTON AWARD  
FOR OUTSTANDING SERVICE TO OUR COMMUNITY**

2018 marked the 10th anniversary of the Mt. Huntington Award, presented by Anchorage Project Access to those health care practitioners who exemplify the highest level of commitment to the mission of APA – serving those most in need with donated medical and dental care. In recognition of the tremendous contributions of our local medical community through Anchorage Project Access, the Mt. Huntington Award is acknowledged and signed by Alaska's Governor, the Mayor of Anchorage, and the State Commissioner of Health and Social Services.

The Mt. Huntington Award represents the tremendously arduous climb toward health experienced by APA patients as they move through the stages of recognizing that they have a significant health problem that requires attention, to asking for help with their medical issue, and then accessing care through APA. Richard Willard – a patient who received health care through Anchorage Project Access in 2007 – related his health care journey to the process of climbing the most challenging peak in the Alaska Range. Following a double hip replacement, Willard presented an aerial photograph of Mt. Huntington to APA to thank the program for the life-changing surgeries and medical care he received – all donated by APA's phenomenal network of volunteer providers. Mr. Willard recovered his health and returned to the workforce.

Each year, the Anchorage Project Access staff and board of directors select a small number of local medical and/or dental providers who have demonstrated an inspiring level of care to APA patients.

APA extends heartfelt congratulations and gratitude to the following recipients of the 2018 Mt. Huntington Award:

- **ACENT – Alaska Center for Ear Nose and Throat**
- **Advanced Sonograms of Alaska**
- **Alaska Oncology & Hematology**
- **The Physical Therapy Place**

For Report Year 2018 – October 1, 2017 through September 30, 2018, 161 new and unique patients were treated by an APA volunteer health care provider. A total of 233 patients were enrolled and eligible for services during this time period.

Figure 1 illustrates the demographic characteristics of these 161 APA clients. For the last four years, a Caucasian woman was our primary patient – but this year, she was Hispanic or Latino. Her age spanned ranges, with 31% between 20 – 39 and 42% between 40 – 59 years. She was as likely to be married as single. A third of our clients were high school graduates, and approximately 36% were college graduates or had acquired some college credits.

Additionally, 45% were employed full or part-time or were self-employed and did not have access to health benefits. 43% fell below 100% of the federal poverty level.

*“Thank you for helping me with my marketplace enrollment paperwork! Your expertise with these applications helped me a great deal.”*

— APA Patient T.D.

*“Can’t thank you enough for everything APA has done for me. Your generosity is greatly appreciated.”*

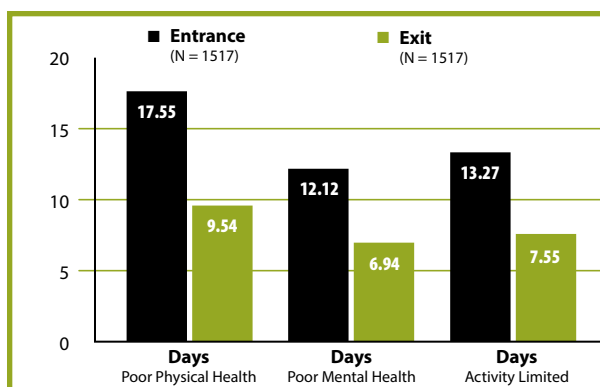
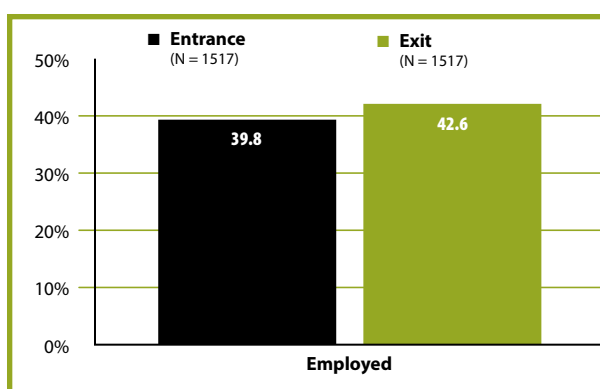
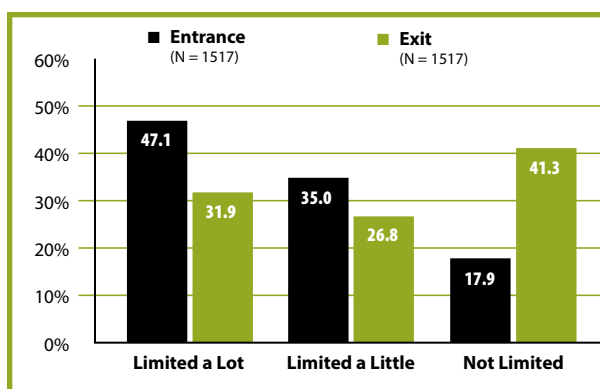
— APA Patient K.R.

*“APA provided me assistance at Advanced Sonogram; I appreciate what you guys have done for me as it has provided much relief. I believe in paying it forward, so when I am able I will be happy to work at my daughter’s school. A big super-duper thank you to all.”*

— APA Patient P.B.

Gender	Count	Percentage
Female	91	57%
Male	70	43%
	<b>161</b>	<b>100%</b>
<b>Age</b>		
1 – 19	13	8%
20 – 29	23	14%
30 – 39	27	17%
40 – 49	32	20%
50 – 59	36	22%
60 – 69	25	16%
70 +	5	3%
	<b>161</b>	<b>100%</b>
<b>Education Level</b>		
Less than high school	46	29%
High school graduate or GED	57	35%
Some college or vocational school	33	20%
College graduate	25	16%
	<b>161</b>	<b>100%</b>
<b>Employment Status</b>		
Unemployed	88	55%
Employed Part Time	32	20%
Employed Full Time	31	19%
Self-employed	10	6%
	<b>161</b>	<b>100%</b>
<b>Household Size (Number of People)</b>		
1	47	29%
2	43	27%
3	22	14%
4	28	17%
5	13	8%
6	5	3%
7+	3	2%
	<b>161</b>	<b>100%</b>
<b>Ethnicity</b>		
White	34	21%
Hispanic /Latino	56	35%
Black /African American	21	13%
Asian	36	22%
Multi-Racial	4	3%
Native Hawaiian or Pacific Islander	10	6%
	<b>161</b>	<b>100%</b>
<b>Marital Status</b>		
Single	60	37%
Married	69	43%
Divorced	17	11%
Separated	5	3%
Widowed	7	4%
Head of Household	3	2%
	<b>161</b>	<b>100%</b>
<b>Housing Status</b>		
Own	33	21%
Rent	100	62%
Staying with Family / Non-Family Members	21	13%
Homeless	4	2%
Other	3	2%
	<b>161</b>	<b>100%</b>
<b>Federal Poverty Level</b>		
0% – 50%	34	21%
51% – 100%	35	22%
101% – 150%	35	22%
151% – 200%	28	17%
201% – 300%	29	18%
	<b>161</b>	<b>100%</b>

FIGURE 1: Characteristics of New Patients Served by APA.

FIGURE 2: *Poor Health Days.*FIGURE 3: *Employment Status.*FIGURE 4: *Work Limitations.*

APA patients complete a health and wellness survey when they are enrolled in the program and again six months after their medical need has been met.

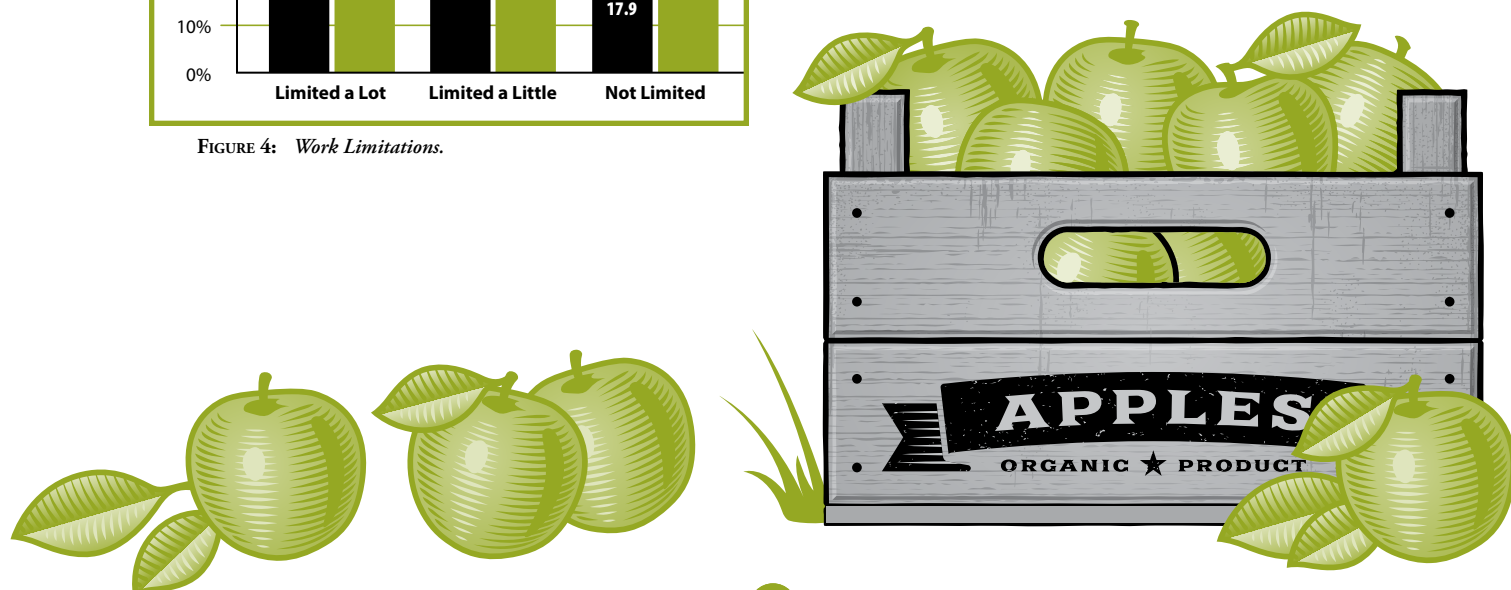
Figure 2 demonstrates APA patients who completed the program reported marked improvements to both physical and mental health. The number of days reported with “poor physical health” was reduced by 45.6%; “poor mental health” days were reduced by 42.7%, and the number of days they experienced limited activity due to health issues was reduced by 43.1%.

Figure 3 shows the number of patients who were working after they completed the program went up, suggesting their improved health status made it easier to find and keep employment; 39.8% were employed at entrance versus 42.6% at exit of the program.

We also asked our patients to assess their own work limitations. Figure 4 suggests that the number of APA patients who believed they were “limited a lot” or “limited a little” before entering our program were doing significantly better after their health care needs had been met, and the number of patients who said they had no work limitations more than doubled.

All three graphs indicate a significant improvement in our patients’ overall health and a reduction in their limitations due to health considerations.

APA programs, which include medical and dental plus assistance with enrollment in Medicaid and ACA marketplace insurance, strengthen our clients’ overall ability to access the health care they might need – and therefore, their ability to make better choices for their physical and oral health habits.



Once a person is financially eligible for enrollment in the program, APA requires that they have a primary care home; and if they do not, they will be assigned one. We can report that 100% of our patients adhere to that premise. This process ensures continuity of care and allows our patients to establish an ongoing relationship with their health care provider.

Typically, our patients are referred to the Anchorage Neighborhood Health Center, Providence Family Medicine Center, or Providence Medical Group Primary Care. Although these clinics operate on a sliding fee scale or patients apply for financial assistance, our patients have access to any ancillary services they might need throughout their lives and have acquired a medical home. If a patient currently has a primary care provider and wishes to keep him/her, they are encouraged to do so.

As the emergency department has historically been the primary care home for many Project Access patients, establishing a relationship with a provider is a new lifestyle that must be learned. This practice creates good health habits, leading to improved overall health in the future. As shown in Figure 5, the latest APA program exit surveys indicated:

- 72.3% of APA patients had a primary care home at one of the local community health centers vs. 63.4% at entrance to the program.
- 96.2% of APA patients planned to remain with their primary care provider vs. 92.3% at entrance to the program.

As illustrated in Figure 6, Radiology was the lead specialty during report year 2018, with 289 appointments being made – followed by Hematology/Oncology, with 170 appointments. A typical treatment may include multiple appointments or procedures on behalf of the patient, representing many new specialties.

Overall for report year 2018, APA staff scheduled 1405 appointments on behalf of 233 eligible patients.

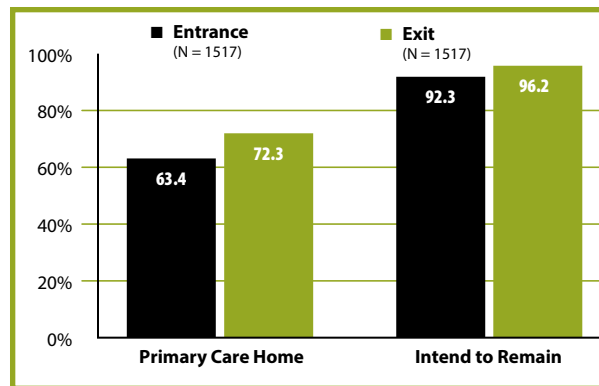


FIGURE 5: Patients Utilizing Community Health Centers.

Specialty	Total Appointments	Specialty	Total Appointments
Allergy/Immunology	5	Optometry	2
Ambulatory Surgery	20	Otolaryngology	22
Anesthesiology	70	Pathology	60
Audiology	10	Pediatrics	3
Cardiology	73	Phlebology	6
Dental	105	Physical Therapy	106
Dermatology	15	Podiatry	8
Durable Medical Equipment	2	Pulmonary Disease	4
Endocrinology	8	Radiation Oncology	19
Family Medicine	9	Radiology	289
Gastroenterology	62	Sleep Disorders	11
Hematology / Oncology	170	Support Services	11
Hospital Services	55	Surgery – Breast	12
Infectious Disease	3	Surgery – Cardiothoracic	4
Nephrology	16	Surgery – General	17
Neurology	10	Surgery – Orthopedic	56
Obstetrics/Gynecology	69	Urology	33
Ophthalmology	40		
TOTALS		1405	

FIGURE 6: Number of Appointments by Specialty.





Specialty	# of Providers	Specialty	# of Providers
Allergy/Immunology	10	Pediatric Cardiology	1
Anesthesiology	12	Pediatrics	28
Audiology	3	Phlebology	1
Cardiology	41	Physical Medicine / Rehab	3
Dental	44	Physical Therapy	62
Dermatology	7	Podiatry	6
Endocrinology	5	Pulmonary Disease	2
Family Medicine	30	Radiation Oncology	8
Gastroenterology	12	Radiology	34
Hematology / Oncology	17	Rheumatology	3
Infectious Disease	5	Sleep Disorders	6
Internal Medicine / General	3	Support Services	4
Interventional Radiology	2	Surgery – Breast	2
Mental Health Services Limited	1	Surgery – Cardio	4
Nephrology	12	Surgery – General	9
Neurology	16	Surgery – Orthopedic	69
Obstetrics / Gynecology	51	Surgery – Plastic	2
Occupational Therapy	1	Surgery – Thoracic	1
Ophthalmology	9	Urology	15
Optometry	2		
Otolaryngology	8	<b>Collaborating Providers:</b>	
Pain Management	2	Providence Family Medicine Center	52
Pathology	9	Anchorage Neighborhood Health Center	18
		<b>TOTAL</b>	<b>632</b>

FIGURE 7: Anchorage Project Access Providers by Specialty.

Due to major uncertainties facing health care in our nation, now more than ever it's crucial for Anchorage Project Access to maintain its volunteer network of providers.

Currently, 632 medical and oral health care providers participate in the APA volunteer network, compared to 624 last year. Figure 7 represents our volunteer network listed by specialty. We continue to encounter unmet needs in many areas and are constantly looking to increase provider participation. Our clinical leadership team as well as providers on the APA board of directors are instrumental in recruiting new providers.

If you would like to join the Anchorage Project Access volunteer network or simply want information on how you might participate, please contact the executive director at (907) 743-6651. Naturally, your level of participation is entirely at your discretion and any assistance you can provide to our patients is very much appreciated.

“We don't know what we would have done without you. You have helped us so much.”

— APA Patient A.S.

“Thank you for meeting with my mother and I yesterday. You offered a lot of comfort during this difficult time and we appreciate all your help.”

— APA Patient S.L.

“My dentures are amazing! They fit great! In fact, they fit so well that sometimes I forget they are there and I end up sleeping with them in! I am so grateful for everything you guys have done for me. I appreciate you all so much!”

— APA Patient B.W.

“Thank you so much for all your help and assistance. Anchorage Project Access is a godsend organization in these difficult times. Blessings!”

— APA Patient E.C.

“Thanks for all that you guys do. Thank you for all the love that you have showed me during a very difficult time in my life. Crystal you are amazing, you always go the extra-steps in helping me navigate through all the paper work and I'm so grateful.”

— APA Patient R.B.

### OUTREACH

A key component of APA's approach to health care is to improve health equity in our community. By assisting individuals with limited income or who may be uninsured access to health care, APA helps build health equity by facilitating the "attainment of the highest level of health for all people." APA offers regularly scheduled outreach services to underserved populations to ensure that Anchorage's most vulnerable individuals have access to health care information, ACA marketplace health insurance, and Medicaid. In addition, the APA Eligibility Specialist – who is a Certified Application Counselor (CAC) – provides assistance with navigating health care systems and refers individuals to other resources in Anchorage, such as food pantries, transportation assistance, housing, and employment services. In 2018, the Eligibility Specialist assisted 1,764 individuals and enrolled 366 people in health insurance plans.

APA takes our services to locations most accessible to potential patients. Traditional forms of health care require the patient to come to the providers. The APA Eligibility Specialist provides outreach services to the Alaska Mental Health Consumer Web, Brother Francis Shelter, Bean's Café, Anchorage Health Department, St. Francis House Food Pantry, Project Homeless Connect, and to numerous health fairs throughout the year.

In addition to providing outreach services to organizations serving the homeless, the APA Eligibility Specialist regularly collaborates with partner agencies to strengthen the safety net for those in need. APA partner agencies include the Anchorage Neighborhood Health Center, Providence Family Medicine Center, Anchorage Health Department, Aging and Disability Resource Center, School Based Health Centers, Providence FICO team, Alaska 2-1-1, United Way of Anchorage, and the Alaska Primary Care Association Health Care Coalition.

### DENTAL

The APA dental program grew significantly in 2018. Over \$95,000 in pro bono dental services were provided to APA patients during the year. APA experienced a 63% increase in the number of dentists enrolling in the program. Seventeen dentists joined the existing roster of 27 dental providers generously offering donated services through Anchorage Project Access. The dental program is a "pay it forward" model in which dental patients volunteer in the community in order to receive donated dental treatment. In 2018, the number of volunteer hours increased by 48% from the previous year, totaling 785 volunteer service hours contributed by APA dental patients. APA patients express tremendous gratitude for the dental treatments they receive through the program.

#### For this report period

Unique Dental Patients Served	17
All Dental Appointments	105
Dental Care Providers	44
Patients' Community Service Hours	785
Value of Donated Services	\$ 95,658

### REVOLUTIONS

On Saturday, February 3, 2018, Anchorage Project Access held its 9th annual fundraising event – *Revolutions, Spinning for Health Care* – at the Anchorage 5th Avenue Mall. Fourteen teams of stationary spin cycle riders, five volunteer professional spin instructors, and dozens of sponsors made this year's high-energy event a huge success. With the generosity of our board of directors, our sponsors, individual donors, riders, and instructors, *Revolutions* raised over \$51,000 to benefit APA patients.

**MITZVAH MALL**

This year was a hallmark year for the Congregation Beth Sholom's Mitzvah Mall nonprofit fundraiser due to the 7.0 magnitude earthquake that occurred two days prior to the event. The aftershocks kept rolling through Anchorage, which made the event particularly meaningful to both attendees and the agencies represented at the Mitzvah Mall. Nonprofits are invited to bring their information to the event, and guests have informal discussions with agency staff members to learn more about local programs that help those in need. The Mitzvah Mall is a wonderful opportunity to help educate our community about Anchorage Project Access, and APA received \$528 in donations at the event.

**PROJECT HOMELESS CONNECT**

Anchorage Project Access has been a participant in Project Homeless Connect since its inception in 2007. For 11 years, APA has been providing health care information and resources during this annual event held at the Egan Center in Anchorage. Modeled after Project Homeless Connect events in other states, Anchorage was the first community in Alaska to coordinate the daylong event as a "one stop shop" for individuals and families who are homeless in Anchorage. Approximately 650 – 750 participants are assisted each year by over 200 volunteers who help guests complete intake forms and guide them through the multiple programs offering vaccinations, Veterans services, ID's, free haircuts, housing applications, food pantry supplies, on-site health care testing and referrals, etc. APA has a critically important role at PHC by linking participants with health insurance, referrals for care, and other resources most needed by individuals who are homeless.

ALEXANDER M.



*"You guys gave me a lot of motivation to keep moving forward. If I hadn't found APA, I wouldn't have gotten my surgery or gotten my life back."*

I was born and raised in Anchorage. Because of my family life, I was distracted in school. I didn't have any

guidance or instruction like a regular family gives their kids. I was really stressed out as a kid. I was on my own making sure I had enough food to eat and trying to focus on school, and it was very hard. But I am a super positive person and I just kept telling myself that I can do it.

After high school I started working in different jobs. I have been working in construction the last two years. Ten years ago I noticed I had a lump in my stomach but I didn't think much of it until I started having a great deal of pain over the last three years. I didn't have health insurance, so I didn't have regular checkups, no dental care, etc. I just went to work and made sure I was always on time and did the best job I could.

I was working for a local construction company when I needed to have a medical clearance for my job. During the medical exam, the doctor told me I had a double and maybe a triple hernia. At that point, I was in so much pain I couldn't work, as my job requires a great deal of hard physical labor. I didn't have any health insurance. I had been able to keep up on my bills for rent, food, and car insurance but did not have any left over for health insurance. I was very worried because the construction industry keeps you on only if you do good work. The doctor told me that, with a double hernia, there was no way I could lift the 75 pounds required by my job. I didn't know what to do. I went to the Anchorage Neighborhood Health Center and they referred me to Anchorage Project Access.

APA helped me with all of the paperwork to become a patient and get the surgery donated by a local doctor. The surgery and recovery would take at least two months. I had to pay my rent, car insurance – everything in advance, because I couldn't work during that time. When I went back to work I felt like a new person. I have no pain. I am able to put in a full day's work, go hiking, and clean my apartment. APA helped me sign up for resources that I qualified for, so now I can take better care of myself.

YVETTE C.



*"Anchorage Project Access gives people hope when they may have lost hope. Sometimes it takes a lot of humility to say, 'I need help.' It's been a real life changer for me personally."*

I have always worked hard but health insurance was never affordable

through the jobs I had. After I was divorced, I found myself in some difficult situations with substance abuse and co-dependent relationships. One of those abusive relationships landed me in the hospital; another caused me to lose my teeth. I did not have health insurance to help me fix those problems, and I continued to struggle with addiction and abusive relationships.

I did not think I deserved better, or to be treated with respect. In spite of these challenges, I continued to work and do the best I could to take care of myself. I was just trying to survive. I was broke and practically homeless.

I moved in with a friend and slept on her couch. My health situation was poor, especially my teeth. It was very embarrassing to not have any teeth.

The Anchorage Neighborhood Health Center helped me with my knee and ankle problems and connected me to Anchorage Project Access. When the APA staff person told me they offered donated dental care, a glimmer of hope was kindled in my heart. Maybe I could smile again...maybe my broken and missing teeth could be replaced...maybe my self-esteem would improve with their gracious help.

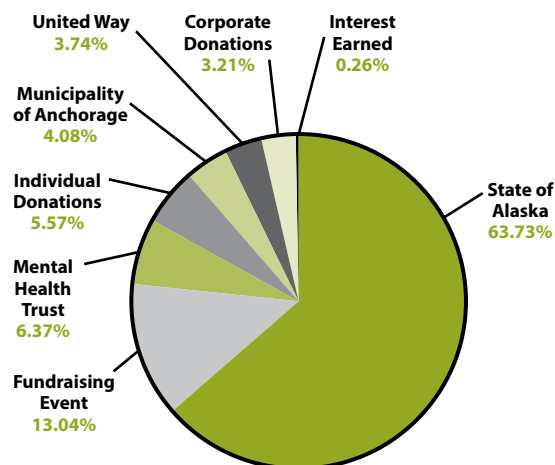
Thanks to APA, I have my smile back and am more confident than ever! They also helped me with orthopedic care for my knee and helped me obtain health insurance.

I am clean and sober now. My family relationships are mended and renewed. I am closer than ever to my daughter, parents, grandparents, and sister! I have self-worth now that I didn't have before. I have my own place and a good job.

APA gives people hope where they may not have had any. The people who provide these services are such a blessing to people who have no insurance and need medical attention. I am truly grateful to my doctors, dentists, and the staff at APA. Thank you from the bottom of my heart!

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## REVENUE

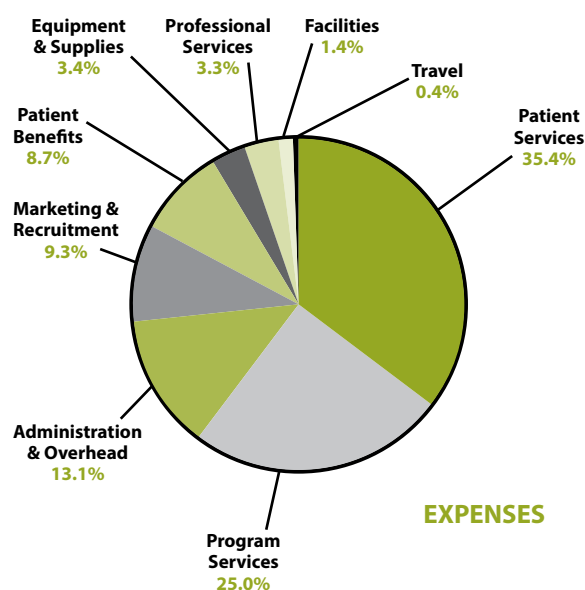


FIGURE 9: APA 2018 Revenue &amp; Expenses.

## NOTE:

\* Providence Health and Services of Alaska generously contributes \$100,000 per year to support Anchorage Project Access. Their donation is made in three-year segments, most recently a \$300,000 commitment for program years 2018 – 2020. Providence's support is shown as revenue in the year in which it is committed.

## REVENUE AND EXPENSES

Anchorage Project Access receives funding from a variety of sources each year. Our major contributor for 2018 was the State of Alaska (63.73% of our revenue for the year.) APA's annual fundraising event – *Revolutions, Spinning for Health Care* – raised a remarkable \$51,146 last year, or 13.04% of our revenue. Other funding came from the Alaska Mental Health Trust (6.37%), the Municipality of Anchorage (4.08%), and United Way (3.74%). Individual and corporate donations were responsible for almost 9%.

Providence Health and Services of Alaska contributes to APA in three-year blocks, and their support is reflected as revenue in the year in which it is committed.

### APA Annual Report Financial Summary October 2017 – September 2018

## Revenue

State of Alaska	250,000
Fundraising Event	51,146
Alaska Mental Health Trust	25,000
Individual Donations	21,857
Municipality of Anchorage	16,000
United Way	14,677
Corporate Donations	12,599
Interest Earned	1,019

**TOTAL REVENUE** **\$ 392,298**

## Expenses

Personnel	
Patient Services	\$ 181,032
Program Services	127,640
<b>Total Personnel</b>	<b>\$ 308,672</b>
Administration & Overhead	66,633
Marketing & Recruitment	47,276
Patient Benefits	44,197
Equipment & Supplies	17,497
Professional Services	17,081
Facilities	7,220
Travel	1,958

**TOTAL EXPENSES** **\$ 510,534**

**Change in net assets** **(\$ 118,236)\***

FIGURE 10: APA 2018 Financial Summary.

## VALUE OF DONATED CARE

Data for this report is derived from various billing sources for the period October 1, 2017 – September 30, 2018.

The value of donated care is derived from the “billing forms” submitted by APA’s volunteer network of providers and documented by Meritain Health “pro bono.”

Data for Report Year 2018 is based on actual data from Meritain Health as well as from the hospitals, radiology centers, and pathology services. As in past years, many services provided by APA providers were not submitted to Meritain Health for documentation; thus, the actual amount of donated care is actually a great deal higher than is reported.

## OVERALL VALUE OF PROGRAM

In 2018, APA helped 366 patients sign up for their own insurance plans – which meant they did not need to enter our network for care. Even so, the value of donated care reported was nearly twice last year’s – at \$1,840,140. Additionally, since the founding of APA 13 years ago, the total value of donated care is a remarkable \$47,713,236.

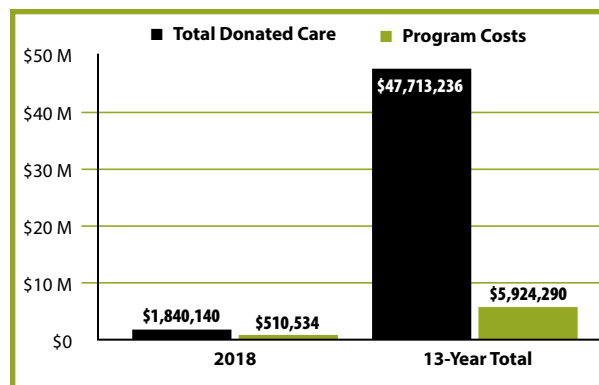


FIGURE 11: Comparison of Donated Care to Program Costs.

“Our Project Access patients have been some of the kindest and most grateful patients we have seen, and we love the program!”

— Kenley Michaud, DDS  
Northern Lights Dental Anesthesia, LLC

“It brings me great joy to serve as a recognized medical provider in the Anchorage Project Access program. I have been involved with APA since its inception and recognized early on how vital and valuable this program was to our community, and to each other as professionals in our community. While my specialty is in Family Medicine/Primary Care, I volunteer my services as a specialist in Osteopathic Manipulative Treatment, a resource that is in high demand and short supply in Anchorage.

The opportunity to help people who are uninsured access care that they need but may not be able to afford, and to see them recover and return to active, productive lives is a reward of its own. We all went into medicine to help hurting people. APA makes that possible in the most meaningful way, while addressing the challenges of networking with other likeminded professionals. Thank you for the privilege.”

— Byron Perkins, DO  
Medical Director, Cornerstone Clinic

“Our physical therapy team has worked with APA for over six years. The patients are usually recovering from an orthopedic surgery or have a musculoskeletal problem that prevents them from functioning at a normal level (e.g. inability to work, be active, or be involved in their community.)

I can personally recall patients who were previously incapacitated and unable to work. After financial vetting, Anchorage Project Access arranged for the required surgery and physical therapy that made it possible for them to return to work and a productive life. These patients are extremely grateful for the services they otherwise would not have access to.

Anchorage Project Access has also been a valuable resource for patients who may qualify for coverage through Medicaid expansion or the ACA.”

— Katie Piraino, PT  
The Physical Therapy Place, LLC

**Mt. Huntington Circle**  
**(\$50,000 +)**

Providence Health & Services Alaska  
 State of Alaska DHSS

**Leadership Circle**  
**(\$10,000 – \$49,999)**

Alaska Mental Health Trust Authority  
 Municipality of Anchorage  
 United Way of Anchorage

**Major Benefactors**  
**(\$5,000 – \$9,999)**

Alaska Emergency Medicine Associates  
 Barney & Rachel Gottstein  
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**(\$2,500 – \$4,999)**

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**Champions for Access**  
**(\$1,500 – \$2,499)**

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**(\$500 – \$1,499)**

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 KTVA CBS 11  
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Our sincere appreciation and gratitude to Christian Health Associates for their continued support and encouragement throughout the years, and to Geri Cannon – our most loyal volunteer and friend for more than 11 years.

This annual report was produced with generous support and underwriting from ConocoPhillips Alaska.

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Anchorage Project Access would like to offer a special thanks to all of the generous health care professionals who donate their valuable time and considerable talents to help improve the lives of our most vulnerable neighbors.

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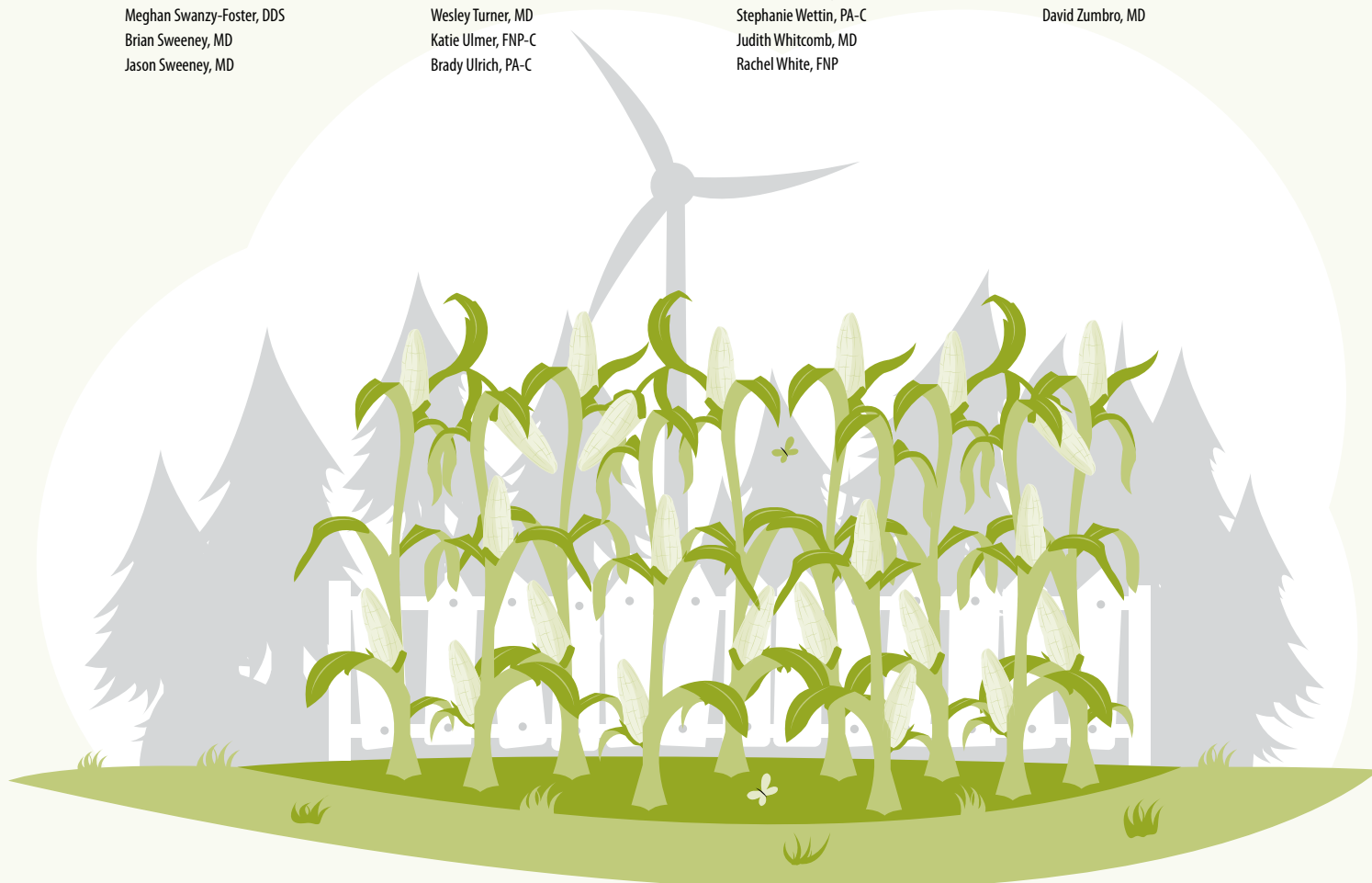
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*“Wherever the  
 art of Medicine  
 is loved,  
 there is also  
 a love of  
 Humanity.”*  
 — HIPPOCRATES

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 Internal Medicine Associates  
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 Providence Family Medicine Center  
 Providence Imaging Center  
 Providence Medical Group Primary Care  
 Quest Diagnostics  
 Rebound Sports & Orthopedic Physical Therapy  
 Rhyneer Caylor Clinic  
 School Base Health Systems  
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 Sound Decisions Audiology  
 Spalding Dental  
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 UAA Student Health Center  
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