

# THE NEWSLETTER FOR ANCHORAGE PROJECT ACCESS OLICIA SERVICIONE DE LA COLUMNIA DEL COLUMNIA DE LA COLUMNIA DE LA COLUMNIA DEL COLUMNIA DE LA COLUMNIA DE LA COLUMNIA DE LA COLUMNIA DEL COLUMNIA DE LA COLUMNIA DE LA COLUMNIA DE LA COLUMNIA DE LA COLUMNIA DEL COLUMNIA DEL COLUMNIA DE LA COLUMNIA DE LA COLUMNIA DE LA COLUMNIA DEL COL

VOLUME 30 ISSUE 1

2401 EAST 42ND AVENUE STE 104 ANCHORAGE, AK 99508

September 2016

#### MISSION STATEMENT

To increase access to health care for low income uninsured members of our community by using a volunteer network of providers working in a coordinated fashion to create a compassionate, respectful, equitable, accountable, and efficient program of necessary services for those in need.

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ANCHORAGE PROJECT ACCESS Phone: 743-6600 Fax: 646-0542 Web: AnchorageProjectAccess.org

## FROM THE EXECUTIVE DIRECTOR

Greetings,



The final months of 2016 are fast approaching ending APA's 10th year of serving the most vulnerable in our community. The arena of health care has been challenging, to say the least, these past couple of years and we at APA have evolved considerably in order to continue our mission in serving our neighbors.

We have always been proud of our financial vetting and we continue to work with our partners in the community to streamline our meth-

ods to ensure we are serving those most in need. We've listened and learned a lot from our patients and the struggles they experience daily. We've listened to the social service agencies we work with in the community and heard the struggles of their clients as well. We've listened, learned and made changes over the years but always with our mission at the forefront.

The typical referral that comes through our office today is for that person who falls through the Medicaid gap between 138% and 300% of the Federal Poverty Level. He/she are usually immigrants, both undocumented and documented but in the U.S. for less than 5-years. Their medical conditions are extreme due to their status; this group is much more vulnerable as they deal with fear, racism and other challenges inherent to immigrant communities. APA is extremely grateful to all of you and your staff for remaining committed to connecting people to that life saving care you continue to provide.

Please remember we are here to assist your staff with enrollments with Medicaid and/or the ACA marketplace insurance and will advise your office of their status. Please feel free to contact me if you have any questions and/or concerns.

# PLEASE READ ON TO SEE HOW YOU'VE HELPED.

Susan was once a successful real estate agent and small business owner. However, after being diagnosed with cancer and undergoing treatment she was having difficulties finding an affordable health insurance plan. Not having health insurance significantly impacted Susan as she had been struggling with chronic shoulder pain for several years. This pain caused her to feel incredibly frustrated and depressed as it impacted her ability to perform normal daily tasks and seek out employment. During a discussion with her primary care provider about her pain, they recommended she contact Anchorage Project Access and apply for assistance.

From the very beginning, Susan recalls the experience as being "absolutely excellent." All of the staff members she spoke with were incredibly nice and professional, and she never had difficulties completing any aspects of the process. Through Anchorage Project Access, Susan was ultimately referred to a physical therapist who worked with her to regain strength and flexibility in her painful joint. Since receiving care, Susan now feels independent again and like her younger self. She is currently looking for a new job and has had several interviews. In addition, with the help of Anchorage Project Access she received assistance in applying for Medicaid. Susan can't imagine being where she is now without the compassionate individuals who helped her along the way.

# REMEMBERING AN APA BOARD MEMBER AND FRIEND

Cathy Feaster an APA board member from its early years recently passed away. Cathy was an avid champion for APA and never ceased to tout the program at work or in public. Cathy was an ANP for the Municipality of Anchorage DHHS and a valuable member of the APA Clinical Leadership Team for many years.

For those of you who knew Cathy, you know what a special person she truly was. In lieu of flowers at her recent memorial service, she requested donations be sent to Anchorage Project Access. She will be missed.

## WELCOME TO OUR BOARD OF DIRECTORS!

Dr. Justin Carricaburu, DO

Dr. Carricaburu is a Primary Care Physician at the Providence Family Medicine Center and attended the Chicago College of Osteopathic Medicine Midwestern University in Illinois. Welcome Justin—we look forward to your expertise and thank you for your willingness to serve.

#### **CURRENT DATA:**

Upon completion of the APA program, data from internal Health & Wellness Surveys indicate:

- 100% of patients had a primary care home
- 42.8% were employed versus 39.2% at entrance
- Poor physical health days decreased by 45.6%
- Poor mental health days decreased by 41.7%

# **BOARD MEMBER PROFILE: DAVID NIELSON, DDS**



Dr. David Nielson is from Palo Alto, California where he attended UC Davis and graduated from the University of the Pacific School of Dentistry in San Francisco. He moved to Alaska to follow his girlfriend Julie Robinson DDS who had opened her new dental practice in Anchorage. They married in 1988, built a practice together and had two daughters. They also fostered two children and helped with Big Brothers Big Sisters.

They treated patients sent to them from Donated Dental Services, and worked on a volunteer basis outside the country. In late 2012 they sold their dental practice and decided to see if they could help Alaska with what other states had done before; the Mission of Mercy (AKMOM). The AKMOM was a very successful two day dental event which helped over a thousand people.

However, Dr. Nielson felt there was a need for a more ongoing dental program to help this population. When he began to put the "pay-it-forward" program together he reached out to United Way who put him in touch with Charlene Vassar from Anchorage Project Access, and it didn't take long for him to realize APA was the perfect organization to help get this idea up and running. Dr. Nielson feels that APA's vision and experience matches perfectly with his and Julie's goal of helping those in need. He is proud to serve on the APA board and looks forward to helping this medical dental partnership work.



MT. HUNTINGTON

AWARD

RECIPIENT



Alaska Physical Therapy Specialists

The Mt. Huntington Award is an element of our recognition program to thank providers and their staff for their exceptional services. To view all previous recipients visit:

AnchorageProjectAccess.org

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